

ISIPT 2024 PROVISIONAL PROGRAM (MAY BE SUBJECT TO CHANGE)

CONFERENCE DAY 1 – WEDNESDAY, 13 MARCH 2024

| | Main Hall | Locomotion Suite, Room 1 | Locomotion Suite, Room 2 | Locomotion Suite, Room 3 |
|-------------|--|---|---|--|
| 08:45-09:00 | Presidential opening Remarks | | | |
| 09:00-09:45 | Nancy Grote Memorial Lecture <i>Benjamin L Hankin</i> | | | |
| 09:45-10:15 | Coffee Break | | | |
| 10:15-11:45 | Symposium 1 IPT for perinatal disorders - clinical innovations from around the globe | Papers 1 Group applications of IPT | Symposium 2 IPT and IPC Interventions for College and University Students | Papers 2 Training opportunities, clinical reflections and analysis of relationships in IPT |
| 11:45-12:45 | Lunch Break | | | |
| 12:45-13:45 | Keynote Lecture Interpersonal Psychotherapy for Adolescent Depression (IPT-A) and its adaptations: Expanding Access to Evidence-based Care <i>Laura Mufson</i> | | | |
| 13:45-15:15 | Symposium 3 Telehealth-Delivered Group IPT-AST for Adolescents: Quantitative and Qualitative Findings | Workshop 1 Clinical Perspectives on using IPT versus EMDR when working with Perinatal Trauma | Workshop 2 Considering the needs of significant others in the IPT treatment to improve treatment outcome | Workshop 3 Shaping IPT for people with long term health conditions |
| 15:15-15:45 | Coffee Break | | | |
| 15:45-17:15 | Symposium 4 Interpersonal Counseling (IPC) as Delivered by Community Based Providers in Under-resourced Areas in Mozambique, New York City, and Pittsburgh, Pennsylvania | Workshop 4 Identifying Loneliness using the Interpersonal Inventory and Working Through Shame | Workshop 5 Interpersonal Psychotherapy – Adolescent Skills Training: A Group-based Prevention Program for Mitigating Adolescent Depression Risk | Workshop 6 Build on rather than refer on: Identifying and briefly intervening with system factors in IPT network sessions when therapeutic progress stalls |

ISIPT 2024 PROVISIONAL PROGRAM (MAY BE SUBJECT TO CHANGE)

CONFERENCE DAY 2 – THURSDAY, 14 MARCH 2024

| | Main Hall | Locomotion Suite, Room 1 | Locomotion Suite, Room 2 |
|-------------|---|--|--|
| 08:45-10:15 | <p>Symposium 5 Transforming global mental health: Comparing the experiences of implementing IPC in South Africa, Brazil, and the United States</p> | <p>Papers 3 Adaptations of IPT</p> | <p>Workshop 7 IPT-A and the Digital World: Exploring the role of digital technology in the interpersonal lives and therapy of young people</p> |
| 10:15-10:45 | Coffee Break | | |
| | <p>Symposium 6 Advances in IPT for Posttraumatic Stress Disorder</p> | <p>Workshop 8 The Researcher-Clinician's Essential Workshop on IPT Research and Implementation in a Non-Western Context: Skills and Principles Drawn from the "Trans-utilization" of Group IPT in Senegal</p> | <p>Workshop 9 IPT for Ukrainian Youth and their Parents Displaced by the Russian War</p> |
| 12:15-13:15 | Lunch Break | | |
| 13:15-14:15 | <p>Keynote Lecture The Role of IPT-G in the Democratization of Depression Treatment in Sub-Saharan Africa <i>Sean Mayberry</i></p> | | |
| 14:15-15:45 | <p>Symposium 7 Telepsychotherapy: What Do We Know About Remote Delivery of IPT and Related Evidence-Based Therapies?</p> | <p>Workshop 10 Are we talking about the same thing? IPT, ableism and autism</p> | <p>Workshop 11 Fostering Affective Attunement within IPT for Adolescents Affected by Post-Traumatic Stress: Considerations, Techniques and Strategies</p> |
| 15:45-16:15 | Coffee Break | | |
| 16:15-17:00 | <p>General Meeting</p> | | |

CONFERENCE DAY 3 – FRIDAY, 15 MARCH 2024 (subject to change)

| | Main Hall | Locomotion Suite, Room 1 | Locomotion Suite, Room 2 |
|-------------|--|---|--|
| 08:45-10:15 | <p>Symposium 8 Leveraging WHO mental health treatment gap action program (mhGAP) and system strengthening models for investment in scalable and integrated mental health treatments in Sub-Saharan Africa (SSA)</p> | <p>Symposium 9 Innovative approaches to IPT-A informed prevention with adolescents</p> | <p>Symposium 10 Interpersonal Counselling for Adolescents with Low Mood (ICALM) – Quantitative and Qualitative Results from a Feasibility Randomised Controlled Trial in the UK</p> |
| 10:15-10:45 | Coffee Break | | |
| 10:15-12:15 | <p>Symposium 11 Novel Approaches to Measuring Social Relationship Function and their Potential Utility in Prospective IPT Trials</p> | <p>Symposium 12 Cultural Adaptations in IPT-A, Presented by the IPT-A SIG</p> | <p>Workshop 12 The Learning Curve: Innovations in online, competency-based IPT teaching</p> |
| 12:15-13:15 | Lunch Break | | |
| 13:15-14:15 | <p>Keynote Lecture Interpersonal psychotherapy for depression; A historical and meta-analytic overview of randomized trials <i>Pim Cuijpers</i></p> | | |
| 14:15-15:45 | <p>Symposium 13 Exploring mechanisms and the role of context in IPT-A</p> | <p>Workshop 13 Teaching Interpersonal Psychotherapy (IPT) to the next generation: Theoretical, Cultural, and Experiential Perspectives</p> | <p>Workshop 14 IPT with Transgender Youth and Young Adults and their Families</p> |
| 15:45-16:00 | Coffee Break | | |
| 16:00-16.15 | Klerman & Weissman Awards | | |
| 16.15-17.00 | <p>Special Lecture Interpersonal Psychotherapy Around the World <i>Myrna M Weissman, Jennifer J Mootz</i></p> | | |