

International Online Conference on Application and Progress of Interpersonal Psychotherapy in Treating Adolescent Depression

Agenda

Date	Time	Activities & Topics (Online)	Speaker	Host
7.9 AM	8:00-8:30	Opening speech	Hospital leaders Lu Lin Academician Peking University Sixth Hospital Leaders of associations	Huang Manli Hu Shaohua
	8:30-9:00	Development of IPT Over the World	Myrna Weissman (USA)	Xu Yi
	9:00-9:40	IPT as an evidence-based therapy and the development of ISIPT	John Markowitz (USA)	
	9:40-10:20	Theory background and attachment in IPT	Paula Ravitz (Canada)	Wanhong Zheng (USA)
	10:20-11:00	Interpersonal psychotherapy in adolescent depression	Meredith Gunlicks-Stoessel (USA)	
	11:00-11:30	Using IPT in China: Opportunities and challenges	Huang Manli	Liu Xuejun
7.9 PM	13:30-14:00	Symptom-based psychotherapeutic decision-making in a psychiatric framework	Zhang Ning	Wang Xiaoping
	14:00-14:30	Identification and intervention of depression and suicide risk in adolescents	Peng Daihui	Lu Shaojia

	14:30-15:30	Treatment structures and strategies in the initial stage of IPT for adolescent depressed populations	Li Weihui	Liu Jian
	15:30-16:10	Mentalization and case formulation of IPT	Roslyn Law (UK)	Liu Fang
	16:10-17:10	Symposium: 1. Linking mood change and interpersonal difficulties 2. Case formulation and establishing therapy structure	Participating experts: Chen Qiaozhen, Wang Zheng, Zhou Xiaoyi	Luo Yanli
7.10AM	8:00-8:40	Brief interpersonal psychotherapy for adjustment and development in depression	Holly A. Swartz (USA)	Shao Chunhong
	8:40-9:10	Psychological mechanisms of adolescent non-suicidal self-injury	Hu Jian	Wu Shaochang
	9:10-10:10	Treatment structures and strategies in the middle stage of IPT for adolescent depressed populations	Liu Guangya	Liu Zhifen
	10:10-10:40	Applying communication analysis in adolescent depression therapy	Betsy Bledsoe(USA)	Shen Xinhua
	10:40-11:40	Symposium: 1. Parent-child conflict in adolescence 2. Identifying and repairing interpersonal relationships: the impact of mentalization on the efficacy of IPT	Participating experts: Zhang Lujia, Hu Chanchan, Wang Zhong	Kang Chuanyuan

7.10PM	13:30-14:00	Using family therapy techniques in adolescent depression	Chen Fazhan	Wei Ning
	14:00-15:00	Strategies for the ending stage of IPT and discussion of continuing plans	Hu Jianbo	Xu Fushan
	15:00-16:00	Symposium: 1.Influence of the ending of therapeutic relationship on adolescents' emotion 2.Alternative plans for ineffective therapy	Participating experts: Cai Wen, Tang Luhan, Chen Jingkai	Xu Hua
	16:00-16:30	Exploring the cultural adaptation of IPT in China	Joseph Chung (Hong Kong)	Li Mingli
	16:30-17:00	Research of effectiveness of IPT in Chinese school-averse adolescents and its application	Miao Qunfang	Yu Ge
	17:00-17:10	Closing Ceremony	Huang Manli	Hu Jianbo