

*is***IPT**

International Society for
Interpersonal Psychotherapy

PROGRAM

5th International ISIPT Conference

*Mechanisms, Modalities,
and Moving Ahead*

June 13-15, 2013

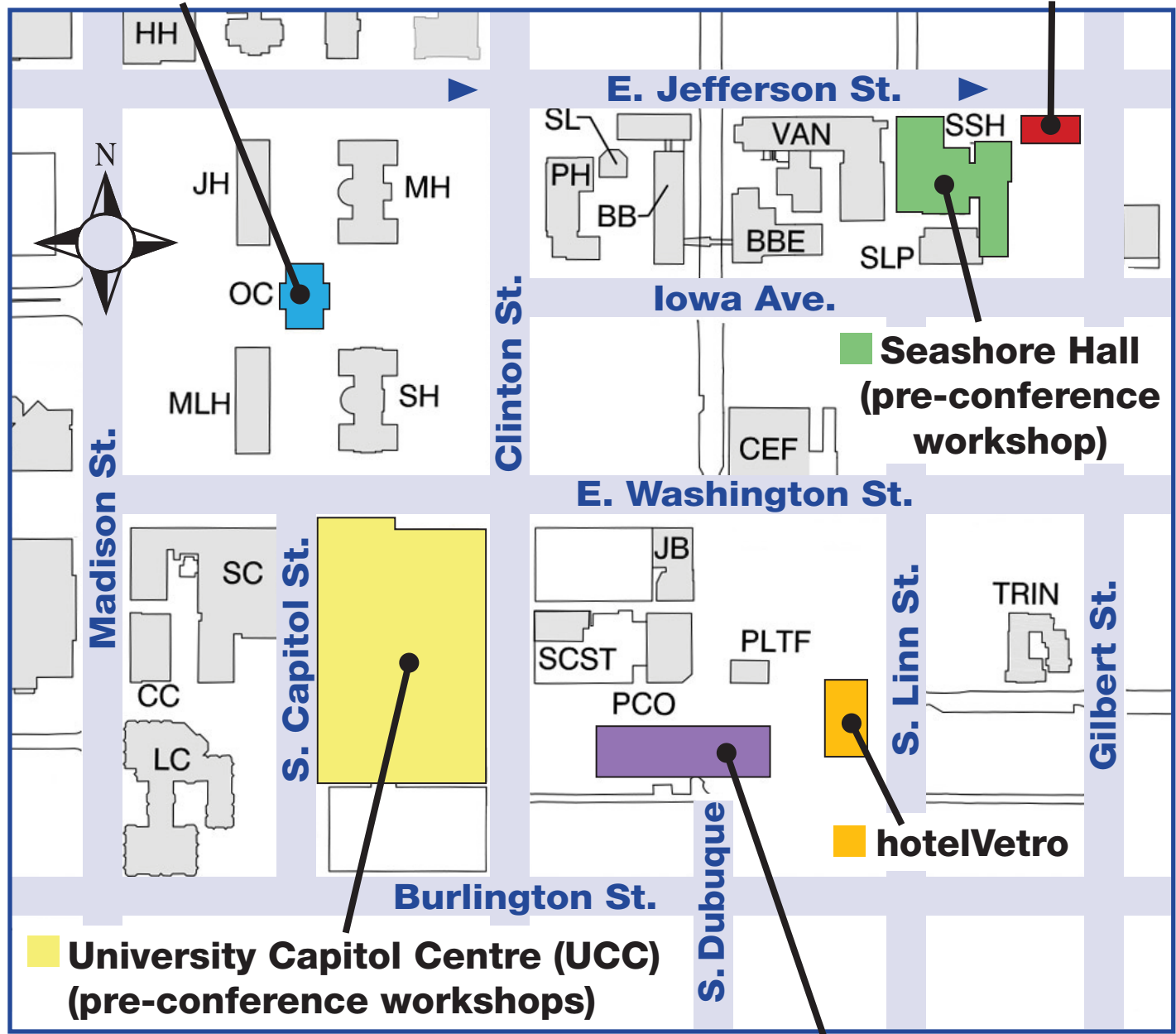
**Pre-Conference IPT Workshops:
June 10-12, 2013**

Iowa City, Iowa USA



Finding Your Way

■ **Old Capitol (World Canvass)** (pre-conference workshop)
 ■ **Stuit Hall** (pre-conference workshop)



<http://www.facilities.uiowa.edu/space/maps/>

ISIPT Pre-Conference Schedule

Monday, June 10

8:30 – 9:00 am	Registration and Coffee	UCC*
9:00 am – 5:00 pm	Training Course - LEVEL E (Groups 1 & 2) Instructors: Stuart, Schultz, Blom, Reay	UCC Main Conference Room

Tuesday, June 11

8:30 – 9:00 am	Registration and Coffee	UCC
9:00 am – 5:00 pm	Training Course - LEVEL D (Group 1) Instructors: Blom, Schultz	UCC Boardroom
9:00 am – 5:00 pm	Training Course - LEVEL A, DAY 1 Instructors: Stuart, Reay	UCC Main Conference Room
8:30 am – 6:00 pm	Training Course - LEVEL E, DAY 2 (Group 1) Instructors: Stuart, Reay	UCC Staff Room

Wednesday, June 12

8:30 – 9:00 am	Registration and Coffee	UCC
9:00 am – 5:00 pm	Training Course - LEVEL D (Group 2) Instructors: Blom, Schultz	UCC Boardroom
9:00 am – 5:00 pm	Training Course - LEVEL A, DAY 2 Instructors: Stuart, Reay	UCC Main Conference Room
8:30 am – 6:00 pm	Training Course - LEVEL E (Group 2) Instructors: Stuart, Reay	UCC Staff Room

Half-Day Courses

7:30 – 8:00 am	Registration and Coffee	Seashore Hall
8:00 am - 12:00 pm	Group IPT • Wilfley	E105 Seashore Hall
12:30 – 1:00 pm	Registration	Seashore Hall
1:00 - 5:00 pm	IPT for Couples • Brandon	E106 Seashore Hall
1:00 - 5:00 pm	IPT for Eating Disorders • Baggott	E105 Seashore Hall

One-Day Courses

8:30 – 9:00 am	Registration	Stuit Hall
9:00 am - 5:00 pm	IPT for Adolescents • McAlpine and Hillin	101 Stuit Hall
	Interpersonal & Social Rhythms Therapy (IPSRT) • Frank and Swartz	106 Stuit Hall

*UCC: University Capitol Centre (all courses on 2nd floor of building)



5th International ISIPT Conference

Conference Schedule Thursday, June 13

8:00 – 9:00 am	Registration and Breakfast	Lobby (Sheraton)
9:00 – 9:15 am	Welcome, Opening • Stuart, Robillard, Potash	Ballroom (Sheraton)
9:15 – 9:45 am	Keynote Address • Weissman	Ballroom (Sheraton)
9:45 – 10:15 am	Creativity in IPT • Patry	Ballroom (Sheraton)
10:15 – 10:30 am	Break	
Concurrent Sessions:		
10:30 am – 12:30 pm	Papers: Mechanisms (Moderator: Lichtmacher) <ul style="list-style-type: none"> • Schwannauer: “What works in IPT – mechanisms associated with therapeutic change and clinical outcomes” • Peeters: “CBT and IPT for depression: results about efficacy, effectiveness, change in process, and sudden gains” • Peeters: “Subclinical psychotic bipolar spectrum features in major depressive disorder: association with psychotherapy outcome” 	Ballroom (Sheraton)
10:30 am – 12:30 pm	Workshop: IPT for Adolescents <ul style="list-style-type: none"> • Mufson, Dietz, Brunstein-Klomek, Gunlicks-Stoessel 	Lindquist (Sheraton)
12:30 – 1:30 pm	Lunch	
Concurrent Sessions:		
1:30 – 3:00 pm	Papers: Modalities – Perinatal IPT (Moderator: O’Hara) <ul style="list-style-type: none"> • Lenze, Rodgers, Luby: “Case series: a novel intervention for perinatal depression” • Posmontier: “Nurse midwife administered IPT for postpartum depression” • Bledsoe, Rizo, Killian, Bellows, Sommer, Wike: “IPT for perinatal depression in low-income adolescents” • Omay, Aydin: “The interprofessional inventory – using IPT to facilitate teamwork in perinatal psychiatry” 	Ballroom (Sheraton)
1:30 – 3:30 pm	Workshop: New Techniques and Apps in IPT <ul style="list-style-type: none"> • Schultz, Stuart 	Lindquist (Sheraton)
1:30 – 3:30 pm	Workshop: Adolescent Skills Training: Group-Based Prevention Program <ul style="list-style-type: none"> • Young, Mufson 	Location???
3:00 – 3:30 pm	Break	
3:30 – 5:30 pm	Seminar: Dissemination of IPT (Moderator: Blom) <ul style="list-style-type: none"> • Wondimagegn, Ravitz, Pain, Alem: “The Biaber project in Ethiopia” • Luty: “Delivery of IPT by community support workers” • Schwannauer, Champion, Cheshire, Graham, Power: “Increasing IPT supervision capacity in Scotland” • Lichtmacher: “Teaching IPT to psychiatry residents” 	Ballroom (Sheraton)
6:00 – 7:00 pm	World Canvass - Iowa Public Radio “International Dissemination of IPT”	Old Capitol Museum

5th International ISIPT Conference

Conference Schedule Friday, June 14

8:00 – 9:00 am	Registration and Breakfast	Lobby (Sheraton)
	ISIPT Business Meeting	Ballroom (Sheraton)
9:00 – 10:00 am	Keynote Address: “IPT and Transference” <ul style="list-style-type: none">• Safran	Ballroom (Sheraton)
10:00 – 10:30 am	Break	
Concurrent Sessions:		
10:30 am – 12:30 pm	Papers: Mechanisms (Moderator: Kolden) <ul style="list-style-type: none">• Schramm: “Common factors in chronic depression: comparing IPT & CBASP”• Levenson, Wallace, Fournier, Rucci, Frank: “Personality pathology in depression treatment: outcomes with psychotherapy and pharmacotherapy”• Ravitz, Maunder, McBride: “How can we improve IPT outcomes? Negative predictors of treatment response”• Howard: “Attachment theory and IPT”	Lindquist (Sheraton)
10:30 am – 12:30 pm	Workshop: Combining IPT and Motivational Interviewing <ul style="list-style-type: none">• Flynn, Grote	Ballroom (Sheraton)
12:30 – 1:30 pm	Lunch	
Concurrent Sessions:		
1:30 – 3:00 pm	Papers: Moving Ahead (Moderator: Flynn) <ul style="list-style-type: none">• Baggott: “IPT for EDO’s”• Kolden: “Integrating evidence-based interventions within IPT: relationship enhancement and behavioral activation”• Schultz, Stuart: “Developing an effective IPT training program”• Brandenburg, Valente, Thorsness, Lesser: “Assessing cyberinteractions in adolescents with eating disorders and depression”	Ballroom (Sheraton)
1:30 – 3:00 pm	Workshop: Holistic Assessment in IPT: Incorporating Cultural and Spiritual Dimensions <ul style="list-style-type: none">• Hillin, McAlpine	Lindquist/Johnson (Sheraton)
3:00 – 3:30 pm	Break	
Concurrent Sessions:		
3:30 – 6:00 pm	Papers: Modalities (Moderator: Baggott) <ul style="list-style-type: none">• Cesarali: “IPT for interpersonal deficits”• Bellino: “IPT for borderline personality disorder”• Teo: “Cultural perspectives in the application of IPT among Asians in Singapore”• Aydin, Yucel, Omay, Savas, Cetin: “A qualitative study of the interpersonal inventory”	Lindquist (Sheraton)
3:30 – 6:00 pm	Symposium: Perinatal IPT (Moderator: Grote) <ul style="list-style-type: none">• O’Hara, Stuart: “Clinician-managed IPT: the therapist knows best”• Spinelli: “IPT for depressed pregnant women in New York City”• Reay: “Group IPT for perinatal depression”• Grote: “MOMCare: A trial of culturally relevant treatment for perinatal depression”	Ballroom (Sheraton)
6:00 – 7:30 pm	Social Hour	hotelVetro Porch
7:30 – 10:00 pm	Conference Dinner & Magic	hotelVetro Ballroom



5th International ISIPT Conference

Conference Schedule Saturday, June 15

8:00 – 9:00 am	Breakfast	Lobby (Sheraton)
9:00 – 9:30 am	Keynote Address: “Change in IPT” • Stuart	Ballroom (Sheraton)
9:30 – 10:00 am	An Overview of Three Psychotherapies: IPT, CBT, and Psychodynamic Psychotherapy • Stuart, Fingerhut, Safran	Ballroom (Sheraton)
10:00 – 10:15 am	Break	
10:15 am – 1:00 pm	Therapy Demonstration and Discussion 1 Moderator: Stuart • Safran, Blom, Fingerhut Therapy Demonstration and Discussion 2 Moderator: Stuart • Safran, Kolden, Fingerhut	Ballroom (Sheraton)
1:00 – 1:15 pm	Close of Conference	Ballroom (Sheraton)

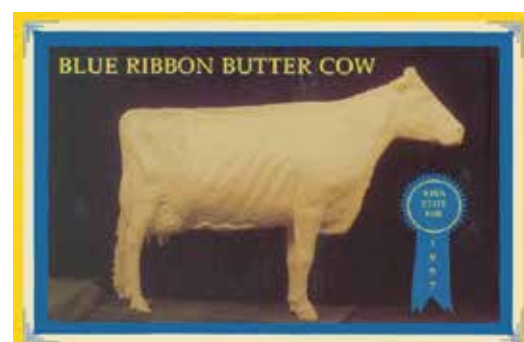
**View all complete abstracts at:
www.interpersonalpsychotherapy.org/isipt-abstracts**

The continuing education programs are co-sponsored by the International Society for Interpersonal Psychotherapy (ISIPT) and the University of Iowa University Counseling Service. The University of Iowa University Counseling Service is approved by the American Psychological Association to sponsor continuing education for psychologists. The University of Iowa University Counseling Service maintains responsibility for this program and its content.

In order to receive CE credit, you will need to sign in at each presentation you attend. Evaluation forms will be sent to you via e-mail. Once completed, you will receive notification of CE credit.

If you have concerns or would like to provide additional feedback, please contact one of the following people:

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Presenter Information

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▶ **Nazan Aydin**

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▶ **Silvio Bellino**

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▶ **Randy Fingerhut**

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▶ **Jay Fournier**

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▶ **Gregory G. Kolden**

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▶ **Julie Lesser**

University of Minnesota, Minneapolis, USA

▶ **Jessica Levenson**

University of Pittsburgh, Pittsburgh, USA

▶ **Jonathan Lichtmacher**

University of California San Francisco, San Francisco, USA

▶ **Joan Luby**

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▶ **Robert Maunder**

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▶ **Rob McAlpine**

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▶ **Carolina McBride**

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(Continued)

Presenter Information *(cont.)*

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Columbia University, New York, USA
- ▶ **Michael O'Hara**
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- ▶ **Oguz Omay**
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- ▶ **Clare Pain**
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- ▶ **Simon Patry**
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- ▶ **Jennifer Rodgers**
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