

6th International ISIPT Conference: IPT: Ahead of its time, finding its time June 2015

Day 1: Thursday 11th June

08.30 - 09.00 Registration

09.00 - 09.15 Welcome - Macmillan Hall

09.15 - 10.00 Opening Address - Interpersonal Therapy: The Future
Myrna Weissman - Diane Goldman Kemper Family Professor of Epidemiology and
Psychiatry Columbia University College of Physicians and Surgeons and Mailman
School of Public Health

10.05 - 11.35

Symposium 1: Strand 1 New Research - Macmillan Hall
IPT and Technology: A Partnership in Promoting Mental Health
Chair: Holly Swartz

Symposium 2: Strand 2 Clinical Populations - Bloomsbury Room
IPT-Based Prevention Programs: Findings from Three Trials for At-Risk Adolescents
Chair: Jami Young

Workshop 1: Strand 3 Training & Supervision- Chancellors Hall

How do we know we are doing what we think we are doing?

Presenters: Tony Roth & Roslyn Law

Interactive workshop with online resources (10.00 - 14.00 Bedford Room)

My CAMHS Choices, MYCAMHS Web, Youth Wellbeing Directory,
BigWhiteWall, Moodscope and IPT-A online pilot

11.35 - 12.00 Break/Meet & Greet - outside Chancellor Hall

12.00 - 13.00 'Why Expanding IAPT would cost nothing?' - Macmillan Hall
Lord Layard - Programme Director of the Centre for Economic Performance at the
London School of Economics and Roslyn Law - Chair of IPT UK

13.00 - 14.00 Lunch/Poster Session - Chancellors Hall

14.00 - 15.30

Symposium 3: Strand 2 Clinical Population- Bloomsbury Room

New Adaptations and Research Programs of Interpersonal Psychotherapy for
Adolescents (IPT-A)
Chair: Robin Sturm

Symposium 4: Strand 1 New Research - Chancellors Hall

Carriho N: IPT in Crisis: Like a fish in water

Black S: A pilot study using Interpersonal Psychotherapy for depressed women who
are at an early stage of the Scottish Criminal Justice System

Johnson J: Effectiveness, cost-effectiveness, and implementation of IPT for prisoners
with major depressive disorder

Chair: Marc Blom

Workshop 2: Strand 4 Modified Practice & Delivery - Macmillan Hall

New techniques and applications in IPT
Presenters: Scott Stuart & Jessica Schultz

Workshop 4: Strand 4 Modified Practice & Delivery- Bedford Room

It's complicated: Exploring the role of the internet and Social Media in Interpersonal
Psychotherapy

Presenters: Katie Sheehan

15.30 - 16.00 Break/Meet & Greet - outside Chancellors Hall

16.00 - 17.00 'Mentalizing the Interpersonal' - Macmillan Hall
Anthony Bateman - Visiting Professor, University College London and Copenhagen
University; Consultant Anna Freud Centre, London

***A Poster Session will also run throughout the day**

Day 2: Friday 12th June

09.00 - 10.00 'IPT - repaying a personal debt' - Macmillan Hall

Alessandra Lemma - Director, Psychological Therapies Development Unit, Tavistock & Portman NHS Trust

10.05 - 11.35

Symposium 5: Strand 2 Clinical Population (Perinatal) - Chancellors Hall

Grote N: Culturally Relevant Treatment Services for Perinatal Depression: A Randomized Controlled Trial

Reay R: The development of a group IPT for postnatal depression incorporating the mother-child relationship: integrating attachment work into IPT

Stuart S: IPT: Time to Stop Terminating Treatment

Chair: Susan Howard

Symposium 6: Strand 1 New Research - Macmillan Hall

IPT, CBASP & BSP Comparing two active and affectively focused treatments

Chair: Holly Swartz

Workshop 3: Strand 1 Clinical Population - Bloomsbury Room

Working with Adolescents with Complex Disorders in a UK context

Presenters: Matthias Schwannauer, Fiona Duffy & Emma Taylor

10.00 - 11.00 Italian SIG Meeting - Chancellors Lobby

11.35 - 11.45 Break - outside Chancellors Hall

11.45 - 12.45 IPT and Eating Disorders - Macmillan Hall

Christopher Fairburn. Wellcome Principal Research Fellow and Professor of Psychiatry, University of Oxford.

12.45 - 14.00 Lunch/ISIPT Business Meeting - Deller Hall

14.00 - 15.30

Symposium 7: Strand 1 New Research - Macmillan Hall

Using IPT in Unusual Ways: Outcomes in Interpersonal Psychotherapy Research (Markowitz, Mello, Peeters)

Chair John Markowitz

Open Papers: Strand 1 New Research - Court Room

Miller L: Interpersonal Psychotherapy for Depressed Adolescents Adapted for Mood and Behavior Dysregulation (IPT-MBD)

Ekeblad A: Interpers(onal Psychotherapy versus Cognitive behavioural therapy for Major Depressive Disorder; Results from a randomized trial among psychiatric patients

Bellino S: Adaptation of IPT to borderline personality disorder: efficacy, predictors of response and follow-up evaluation

Kopelman Rubin D: I can Succeed-School (ICS0-S), a new School-Based Intervention integrating IPT-A principles for students with Learning Disorders: Feasibility and Acceptability
Chair: Nancy Grote

Workshop 4: Strand 4 Modified Practice & Delivery - Bloomsbury Room

Keeping IPT flourishing outside of the training hubs
Fox Clinch J, Halliday K, Hepburn Z, Quinn, M

15.00 - 16.00 French SIG Meeting - Chancellors Lobby

15.30 - 16.00 Break - Deller Hall

16.00 - 17.00 'IPT-A and CYP IAPT: An alliance created in heaven?' - Macmillan Hall
Peter Fonagy - Memorial Professor of Psychoanalysis UCL, Chief Executive The Anna Freud Centre and National CYP IAPT Clinical Lead

18.00 - 21.00 Conference Reception

Day 3: Saturday 13th June

09.00 - 09.30 ISIPT President's Address - Macmillan Hall

09.35 - 11.05

Symposium 9: Strand 1 New Research - Bloomsbury Room

Miller M: Using IPT as a prevention strategy against complications of bereavement in the first 13 months Post-Loss: A Pilot Study

Baggott J and Whight D: A feasibility study of conducting an IPT-BN(m) randomised controlled trial in an NHS eating disorder clinic

Solts B: Clinical outcomes of IPT groups run in the UK using the Wilfley-Welch IPT-G model

Chair: Holly Swartz

Symposium 10: Strand 1 New Research - Bedford Room

Tanaber Matsuzaka C: Interpersonal Counselling delivered by community health agents in Brazil – São Paulo: Preliminary findings

Klein Rafaeli A: Interpersonal Counseling (IPC) for International University Students: Using the Brief IPT Form as a Primary Intervention

Soares Monterio I: Interpersonal Psychotherapy and its effectiveness in Portugal: A comparison between clinical settings

Chair: Lena Verdelli

Workshop 6: Strand 4 Modified Practice & Delivery - Macmillan Hall

Communication Analysis, the tip of the interpersonal iceberg – applying attachment and interpersonal theories in therapeutic processes

Presenter: Paula Ravitz

Symposium 7A: Strand 4 Modified practice and delivery - Chancellors Hall

Innovations in IPT Training Supervision

Presenters: J. Schultz, O. Omay, C. Ashen

Chair: Liz Robinson

11.05 - 11.30 Break - outside Chancellors Hall

11.30 - 12.30 'Time to Talk': Open Plenary - Macmillan Hall

12.30 - 13.15 Lunch - Chancellors Hall

12.30 - 13.30 - Italian SIG Meeting - Chancellors Lobby

13.15 - 14.45

Symposium 11: Strand 2 Clinical Population - Macmillan Hall

Sturm R: IPT-A as a Bridge to “Building Healthy Children”: Adaptations for a low income teen population

Lindsey M: Targeting Treatment Engagement among Black Adolescents with Depression

Toth S: The Efficacy of IPT for Promoting Maternal Efficacy and Decreasing Negative Emotionality and Disorganized Attachment in Offspring of Mothers with MDD

Chair: Matthias Schwannauer

Symposium 12: IPT Literature Review and top posters - Chancellors Hall

Paula Ravitz

Workshop 8: Strand 4 Modified Practice & Delivery - Bedford Room

Using IPT in Geriatric Aged Patients with Depression, Cognitive Impairment or Both

Presenter: Mark Miller

14.50 - 15.30 - Macmillan Hall

Student Prize Award: Myrna Weissman - Professor of Epidemiology and Psychiatry, Columbia University

Closing Remarks: John Markowitz - Professor of Clinical Psychiatry New York State Psychiatric Institute

